



Invitation to Register

International seminar on

Salutogenesis: A theory of health, rather than of disease

In honour of professor emeritus Maurice B. Mittelmark

June 3 2016

Organised by the Department of Health Promotion and Development, Faculty of Psychology, University of Bergen

What is the forefront of salutogenesis theory and practice?

- Family, community and societal levels of the sense of coherence and the factors that influence it
- Measurement issues for the salutogenic model of health
- The application of salutogenesis in everyday community settings
- The application of salutogenesis in health care settings
- Salutogenesis in the non-English scientific literature

The salutogenic model of health, introduced by Aaron Antonovsky in 1979, posits that the origins (causes) of good health are not necessarily the same as the origins of poor health (pathogenesis). Worldwide, research on salutogenesis mechanisms confirms that persons with high 'sense of coherence' about the world they live in have better health. Almost four decades of research and practice have unfolded since; what is the present state of salutogenesis? What are the most significant theoretical and practical issues being addressed by today's salutogenesis scholars? The seminar will gather leading international researchers on salutogenesis to ponder how to move research more firmly in the direction of effective, resource-based salutogenic interventions for better health for all.

The Seminar presenters

- ***Shifra Sagy, Israel • Jürgen Pelikan, Austria • Georg Bauer, Switzerland***
- ***Monica Eriksson, Sweden • Bengt Lindstrom, Norway • Geir Espnes, Norway***

- Students at all levels and at all institutions are most welcome!
- Lunch is included at no charge
- There is no seminar fee
- Space is limited to those who register in advance.
- Seminar location at the University of Bergen to be announced

To register <https://skjemaker.app.uib.no/view.php?id=1938420>

PLEASE REGISTER NOW SO PLANS FOR LOCATION AND LUNCH CAN BE FINALISED 😊